

# BOARD PROGRAM

COACHES – Clint Irwin & Michael King

DAY	MORNING	AFTERNOON
MONDAY		4:30pm for 4:45pm-Board/ Run @ Mooloolaba with Clint Irwin
TUESDAY		4pm-Board/ Run @ Mooloolaba with Michael King
WEDNESDAY		4:30pm for 4:45pm-Board @ Mooloolaba with Clint Irwin
THURSDAY		4pm-Board/ Run @ Mooloolaba with Michael King
FRIDAY		4:30pm for 4:45pm-Board/ Run @ Mooloolaba with Clint Irwin
SATURDAY	7am-Ironman/ Board @ Mooloolaba with Clint Irwin	REST
SUNDAY	REST	REST

- Program begins on Monday 31<sup>st</sup> May
- Any queries please contact Michael King on 0418 711 871 or Email: [coaching@thesurfclub.com.au](mailto:coaching@thesurfclub.com.au)