



## Sunshine Coast Branch Awards Night

Mooloolaba came 3rd in the Buhk Wilkes Trophy. There was only 7 points between us and the winning club Dicky Beach. Marcoola placed 2nd.

Lee Purchase won the Clive Hammond Silver Medallion, which is awarded for services to life saving for Surf Lifesaving Queensland and the Sunshine Coast Branch.

Congratulations everyone!

## Membership Renewals

Membership for the 2009-2010 season are now due. Please return your completed forms to the office with the correct membership fees.

Over 18's - \$40.00

Under 18's - \$20.00

Life Members/Honorary - No charge

Please also ensure that your Working with Children Blue Card is current.

## Proficiency

Proficiency for this season will be carried out over the following dates:

- Sunday 30th August 2009

- Sunday 18th October 2009

- Sunday 20th September 2009

- Sunday 8th November 2009

- Sunday 11th October 2009

Proficiency will commence at 8:00am and finish at 4:00pm on each day. All awards will be catered for on each day, e.g. BM, SRC, ARC, IRBD/C, Defib, ATV. Members will need to provide their completed assessment paper and pool swim slip on the day of proficiency. These are available from outside the office and on the website. The Mountain Creek Aquatic Complex will complete pool swim times from Monday to Thursday between 4:00pm and 6:00pm and on Fridays from 4:30pm to 6:00pm. Please contact the pool on (07) 5457 8399. Please note you do not need to register for proficiency.

## Patrols

The patrol season will officially start on Saturday 19th September 2009.

Patrol Rosters will be posted out to all patrolling members by the end of August.

If you have not received any information by September please contact the office.



## Trainers Wanted

Kevin Lynch (Chief Training Officer) is seeking enthusiastic and motivated people to join the training team. If you would like to become involved please call Kevin on 0416 275 504.

## Interclub Sports Afternoon

Alex S.L.S.C. has invited Mooloolaba and Maroochydore to participate in an Interclub Sports Afternoon to be held on Saturday 29th August at 2pm. The afternoon will be held at Mari Street in Alexandra Headland and consist of Softball, Touch Football and lots of other fun games. This will be a great opportunity to mix with patrolling members from neighboring clubs before the season kicks off. BYO post games drinks will be held on the Alex Surf Club balcony. Please add your name to the list on the notice board in the club day room.

## Competition

### **Surf Sports Subsidy**

Any competitor wishing to apply for subsidy should have their letters in the office no later than 31st July 2009. Please address all letters to Sarah Colby, Director of Surf Sports.

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### **Competitors Meeting**

A meeting of all competitors will be held on Sunday 20th September at 10:00am. Compulsory attendance for all open, junior and cadet competitors.

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### **Raffles**

If you intend competing this season please ensure that you are on a Raffle Roster. Failure to complete your raffles will result in the withdrawal of accommodation, carnival entries, training and craft subsidies.

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### **Row for Cancer**

The Annual Sunshine Coast Health Foundation Row for Cancer will be held on Saturday 5th September. All competitors are encouraged to register for this event and support this great cause. For more information go to [www.rowforcancer.org](http://www.rowforcancer.org).

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### **Craft**

All craft users please be aware no craft, other than allocated craft should be used without the express permission of the Craft Captain - Murray Gale, Assistant Craft Captain - Wayne Skeen or Dir. Surf Sports - Sarah Colby. Craft space has been carefully allocated and will be strictly controlled, craft stored in space without specific approval will be removed. There is no craft space available or likely in the foreseeable future, regrettably competitors will have to bring their craft in and out each day of training.

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### **Carnival Calendar**

Enclosed is the carnival calendar for the 2009-2010 season. The first carnival nomination form will be sent out via the mail by the start of September. Both the Carnival Calendar and Carnival Nomination form will be available on the web.

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### **Coolangatta Gold**

The Coolangatta Gold will this year be held on Sunday 18th October. Once again Mooloolaba has a substantial number of competitors competing in both individual and team events. If you have a team, or are interested in forming a team submit your name or the names of your team to Steve Kirby. Entries close September 2nd, for more information go to [www.gold@slsa.asn.au](mailto:www.gold@slsa.asn.au) for details. Please note that you will have to pay your own entry fees and complete your own entry online. Please remember to register with the club first.

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### **Coffs Harbour Carnival**

Any U15, U17, U19 and open competitors that are interested in competing at the Coffs Harbour Carnival on the 28th November 2009, please advise Steve Kirby. Please note that no nippers are to compete up.

The official start date for 2009-2010 nipper season will be Sunday 20th September 2009.

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## Nipper Memberships

All renewing members are encouraged to return their completed membership applications and competency swim slips to the office.

### Nipper Fees

1 Child + 2 Parents = \$140.00

2 Children + 2 Parents = \$160.00

3 or more Children + 2 Parents = \$180.00

Please bring in your completed membership and swim competency forms which is to be signed off by a qualified swim coach. Swim forms were sent out with your membership applications. More swim forms are available for download from the website. The Mountain Creek Aquatic Complex will complete pool swim times from Monday to Thursday between 4:00pm and 6:00pm and on Fridays from 4:30pm to 6:00pm at a cost of \$2.80/child. Please contact the pool on (07) 5457 8399.

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## Nipper Sign-On Day

Sign-On for this year will be held on Sunday 13th September 2009 at the Mountain Creek Aquatic Center from 8:30am to 12 noon.

All existing members are encourage to return their renewals to the office prior to sign on day.

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## Run-Swim-Runs

For members who register at the office before sign on, run-swim-runs will be conducted at the club on Sunday 13th September from 9:00am till 12 noon. Members who register at sign-on day will be able to complete their run-swim-runs on Sunday 20th September at the club from 8:00am - 10:30am.

**Please note any nippers wishing to compete at Rainbow Beach Carnival on Saturday 17th October must have their run-swim-run completed on either the 13th or 20th September.** This will allow enough time for all relevant paperwork to be processed. More run-swim-run dates will be advised when nippers starts.

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## Nipper Uniform Convener

The Nippers are desperately searching for a Uniform Convener for the 2009-2010 season.

The job entails ordering and controlling all nipper uniform stock, e.g. togs, rashies, caps etc. If you think you might be interested in taking on this important and vital role please contact the office on (07) 5444 1150 or Michael Shadforth (JAC Chairperson) on 0437 766 653.

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## Volunteers Needed

The club will be holding a sausage sizzle at the Stockland Developments Brightwater Display Village open day on Saturday 8th August from 2.30pm to 6:30pm.

Bronwyn Lees (Nipper Canteen Convener) is calling for nipper parents to volunteer their time and help out with the sausage sizzle. Please contact Bronwyn on 0414 061 464 if you are interested in helping.



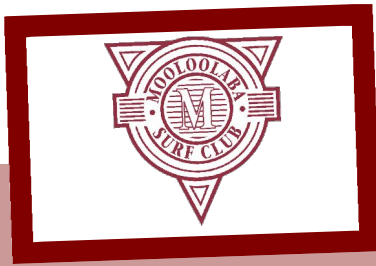
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## Water Safety

If there are any nipper parents who would be interested in obtaining their Surf Rescue Certificate for the purpose of water safety at nipper training days and nipper carnivals, could you please register your name at the office.

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Web:  
www.thesurfclub.com.au

**MOOLOOLABA SURF  
LIFESAVING**

## Boat Rowers Sign-On Day

The Club will be holding a sign on day on Sunday 2nd August 2009 for anyone wishing to try out for the sport of Surf Boat Rowing. The day will commence at 8:00am at the Surf Club followed by a free breakfast at 9:30am.

Male and female people of all ages are welcome, however the club is targeting people aged between 15 and 23 years who love the ocean and enjoy being part of a team.

## Swimwear Sale

It's time to clear out the office cupboards in preparation for the new season.

The clearance of last seasons togs will begin on Wednesday 29th July at 10:00am in the day room outside the office.

All men's and women's togs will be available for \$10.00.

No phone orders, must be here to bag a bargain.



## Club Website

The Club website is constantly being updated with information including Surf Sports, Nippers, Patrols, Training, Proficiency and Newsletters. Check it out today!

[www.thesurfclub.com.au](http://www.thesurfclub.com.au)

## Junior Development News

**Swimming** - Kareena Lee and Jerram Lindsay have been selected in the Wide Bay Team to tour New Zealand. Kareena also has been selected in the Queensland Secondary School team to compete in Perth and selected in the Queensland Swim team.

**Kayaking** - Jordan Lee Jones, Bill Bain and Charlie Copeland have been selected in the Junior Australian Team to compete at the Junior Olympic Hopefuls Regatta in The Czech Republic.

Nick Bolton has been selected in the Under 21 Australian Team to compete in Russia.

Libby LeCoultre and Mitch Thompson have been selected in the Under 23 Australian Team to tour Europe.

**Cross Country** - Jaega Desainis, Maddy Dunn, Teisha Jenkins, Sarah Kime, Bronte Hartland, Courtney Martin, Jordie Mercer, Nat and Jack Lindsay have all been selected to compete at the Queensland State Championships in Toowoomba.

## Girls Weekend

Expressions of interest are still being called for women and girls to attend the inaugural Girls Weekend. The camp will be held over the weekend of the 29<sup>th</sup> and 30<sup>th</sup> of August at the Mudjimba Apex Camp. Lots of activities are planned. Dr. June Canavan has committed to talk on the weekend. She is one of Australia's most respected Sport Science Doctors. Please register your interest with the office.