

SKI PROGRAM

COACHES – Rod Taylor & Michael King

DAY	MORNING	AFTERNOON
MONDAY	REST	4pm-Ski/ Run @ Mooloolaba with Michael King Or 4pm-Beginner Ski @ House with Rod Taylor
TUESDAY	5:30am-Ski @ Mooloolaba with Rod Taylor	5pm-Gym @ Mooloolaba with Rod Taylor
WEDNESDAY	5:30am-Ski @ Mooloolaba with Rod Taylor	4pm-Ski @ Mooloolaba with Michael King
THURSDAY	REST	5pm-Gym @ Mooloolaba with Rod Taylor
FRIDAY	5:30am-Ski @ Mooloolaba with Rod Taylor	4pm-Ski @ Mooloolaba with Michael King Or 4pm-Beginner Ski @ House with Rod Taylor
SATURDAY	8am-Ski @ House INTERMEDIATE Beginners with Rod Taylor 9am-Ski @ House Beginners with Rod Taylor	3pm-Ski @ Mooloolaba with Rod Taylor
SUNDAY	REST	REST

- Program begins on Monday 31st May
- Any queries please contact Michael King on 0418 711 871 or
Email coaching@thesurfclub.com.au