

NO: 94.08.10(UPDATED)  
TO: Secretaries/Administrators  
All SLSQ Branches & Clubs  
All Branch Directors of Surf sports  
All Team Managers  
FROM: Ryan Bennett – SLSQ Surf Sports Development Coordinator  
DATE: 23<sup>rd</sup> August 2010  
SUBJECT: ENTRIES BULLETIN – QUEENSLAND POOL RESCUE CHAMPIONSHIPS – 3<sup>RD</sup> & 4<sup>TH</sup> SEPTEMBER 2010

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The Inaugural Queensland Pool Rescue Championships will be held at the Caboolture Regional Aquatic and Leisure Centre located on Aquatic Centre Road in Burpengary. The Championships will be held over 2 days, on Friday the 3<sup>rd</sup> (evening) and Saturday the 4<sup>th</sup> of September.

## Club Entries

### 1.1 General Entries

Entries are invited from all Clubs throughout Australia and the World for the events as listed under Item 2. **The method of entry is via the Team Manager Lite Program for all Clubs.** If you are unfamiliar with this program please see the attached instructions for downloading and inputting entries.

**Entries for this event close at 5pm, Monday 30<sup>th</sup> August 2010.**

**Late entries for this event close at 5pm Wednesday 1<sup>st</sup> September 2010.**

**No entries will be accepted after this date.**

### 1.2 Entry Fees

All entry fees will be payable after the event by invoice to the competing club. The entry fee will be \$25.00 (Inc GST) per competitor. Late entries will be \$75 (\$25 entry fee plus \$50 late entry fee).

### 1.3 Entry Conditions

All competitors wishing to compete at the Queensland Pool Rescue Championships must be current financial and proficient members of a Surf Life Saving Club

Age groups will be as per the 2009/10 season.

### **NOTE:**

It is an offence to enter a person who does not meet any of the above requirements, and any irregularities will be considered by the State Surf Sports Committee and may be subject to disciplinary action.

2. Competition Events

2010 Queensland Pool Rescue Championships				
	Event Number	Age	Gender	Event
Friday	1	Open	Open	SERC Competition
	2	U13	Female	50m Swim w/fins
	3	U13	Male	50m Swim w/fins
	4	U14	Female	50m Swim w/fins
	5	U14	Male	50m Swim w/fins
	6	U13	Female	100m Tube swim w/patient & fins
	7	U13	Male	100m Tube swim w/patient & fins
	8	U14	Female	100m Tube swim w/patient & fins
	9	U14	Male	100m Tube swim w/patient & fins
	10	U13	Female	100m Obstacles
	11	U13	Male	100m Obstacles
	12	U14	Female	100m Obstacles
	13	U14	Male	100m Obstacles

Saturday	14	Masters	Female	200m Obstacles
	15	Masters	Male	200m Obstacles
	16	U15	Female	200m Obstacles
	17	U15	Male	200m Obstacles
	18	U17	Female	200m Obstacles
	19	U17	Male	200m Obstacles
	20	U19	Female	200m Obstacles
	21	U19	Male	200m Obstacles
	22	Open	Female	200m Obstacles
	23	Open	Male	200m Obstacles
	24	U15/U17	Female	4 x 50m Obstacle Relay
	25	U15/U17	Male	4 x 50m Obstacle Relay
	26	Open	Female	4 x 50m Obstacle Relay
	27	Open	Male	4 x 50m Obstacle Relay
	28	Masters	Female	Line Throw
	29	Masters	Male	Line Throw
	30	U15	Female	Line Throw
	31	U15	Male	Line Throw
	32	U17	Female	Line Throw
	33	U17	Male	Line Throw

34	U19	Female	Line Throw
35	U19	Male	Line Throw
36	Open	Female	Line Throw
37	Open	Male	Line Throw
38	Masters	Female	100m Manikin Tow with Fins
39	Masters	Male	100m Manikin Tow with Fins
40	U15	Female	100m Manikin Tow with Fins
41	U15	Male	100m Manikin Tow with Fins
42	U17	Female	100m Manikin Tow with Fins
43	U17	Male	100m Manikin Tow with Fins
44	U19	Female	100m Manikin Tow with Fins
45	U19	Male	100m Manikin Tow with Fins
46	Open	Female	100m Manikin Tow with Fins
47	Open	Male	100m Manikin Tow with Fins
48	U17	Female	200m Super Lifesaver
49	U17	Male	200m Super Lifesaver
50	U19	Female	200m Super Lifesaver
51	U19	Male	200m Super Lifesaver
52	Open	Female	200m Super Lifesaver
53	Open	Male	200m Super Lifesaver
54	Masters	Female	50m Manikin Carry
55	Masters	Male	50m Manikin Carry
56	U15	Female	50m Manikin Carry
57	U15	Male	50m Manikin Carry
58	U17	Female	50m Manikin Carry
59	U17	Male	50m Manikin Carry
60	U19	Female	50m Manikin Carry
61	U19	Male	50m Manikin Carry
62	Open	Female	50m Manikin Carry
63	Open	Male	50m Manikin Carry
64	U17	Female	100m Rescue Medley
65	U17	Male	100m Rescue Medley
66	U19	Female	100m Rescue Medley
67	U19	Male	100m Rescue Medley
68	Open	Female	100m Rescue Medley
69	Open	Male	100m Rescue Medley
70	Masters	Female	100m Manikin Carry with Fins
71	Masters	Male	100m Manikin Carry with Fins
72	U15	Female	100m Manikin Carry with Fins
73	U15	Male	100m Manikin Carry with Fins

	74	U17	Female	100m Manikin Carry with Fins
	75	U17	Male	100m Manikin Carry with Fins
	76	U19	Female	100m Manikin Carry with Fins
	77	U19	Male	100m Manikin Carry with Fins
	78	Open	Female	100m Manikin Carry with Fins
	79	Open	Male	100m Manikin Carry with Fins
	80	U15/U17	Female	4 x 25m Manikin Relay
	81	U15/U17	Male	4 x 25m Manikin Relay
	82	Open	Female	4 x 25m Manikin Relay
	83	Open	Male	4 x 25m Manikin Relay
	84	U15/U17	Female	4 x 50m Medley Relay
	85	U15/U17	Male	4 x 50m Medley Relay
	86	Open	Female	4 x 50m Medley Relay
	87	Open	Male	4 x 50m Medley Relay

### 3. **Event Rules**

The 2010 Queensland Pool Rescue Championships will be conducted under the rules as published in the relevant sections of the 33<sup>rd</sup> edition of SLSA's Surf Sports Manual and the ILS Competition Manual 2009 edition plus any subsequent bulletins or circulars.

The eligibility conditions for age categories, substitution and other required provisions to compete are also provided for in the SLSA Surf Sports Manual and subsequent bulletins or circulars.

A copy of these manuals can be found at [www.slsa.asn.au](http://www.slsa.asn.au) and [www.ilsf.org](http://www.ilsf.org) respectively.

Please be clear that the Line Throw and the 100m Tube Swim with Patient and Fins are team events and members can only compete once in each age group but can compete up in any age group for which they are qualified. Please make sure that when doing entries on Team Manager Lite that you enter 2 people in each of these events as it is a 2 man event. If you only enter 1, no late entries will be accepted on the day.

Please also be aware that all competitors in the tow events will need a handler. If a handler is not in position when the starter is ready, the competitor may be disqualified.

In the 3 relay events you will see that the U15 and U17 age groups have been combined in each gender. Therefore you may enter any number of U15 or U17 athletes of that gender. For example in the Male 4X50m Manikin Carry you may have 4 U17 males, or 4 U15 males, or a mix of the both.

There will be 1 SERC event run for U15 up to Masters of mixed gender. Please be sure to enter 4 members in this event.

#### **NON-ILS EVENT RULES**

##### **SWIM WITH FINS (50m)**

###### Description of the Event

- With a dive entry on an acoustic signal, the competitor swims 50m swim with fins
- The event is completed when the competitor touches the finish edge of the pool.

"Freestyle means that in an event so designated the swimmer may swim any style.

###### Equipment

U11 to U14 are only permitted to use rubber fins to SLSA specifications

U15 to Masters are permitted to use fibreglass fins to SLSA specifications

###### Disqualification

- In addition to the General Conditions for disqualification, the following behaviour shall result in disqualification:
- A false start.
- Failure to touch the finish edge.

## TUBE SWIM WITH PATIENT AND FINS (100m)

### Description of the Event

- With a dive entry on an acoustic signal, the rescuer swims 50m freestyle with fins and rescue tube, where their patient is waiting with at least one hand on the end of the pool.
- As soon as the rescuer has touched the turning edge of the pool, the patient can let go of the wall and the 'clip in' to the rescue tube can begin.
- The rescuer must clip the patient into the rescue tube.
- This clip in must be made within 5m of the end of the pool.
- The rescuer and patient may then choose to push off the wall if they wish.
- The patient must stay on their back but may assist the tow by kicking and sculling under water.
- The patient may not recover their stroke above the waterline.
- The patient must not, at anytime during the race, hold on to the rescue tube lanyard.
- The finish is determined on the rescuer touching the wall with one hand.
- The patient may grip the rescue tube (foam part only) above the waterline, however this must be with BOTH hands and the movement completed before the 5m line.

### Equipment

Rescue Tube as per SLSA specifications.  
U11 to U14 are only permitted to use rubber fins.

### Disqualification

- In addition to the General Conditions for disqualification, the following behaviour shall result in disqualification:
- False start.
- Patient letting go of the turning edge before the rescuer has touched the wall.
- Taking assistance from any pool fitting (e.g., lane rope, steps) when securing the rescue tube around the patient.
- Not securing the rescue tube around the patient (judged at the top of the patient's head) before the 5m line.
- Patient helping in the clip up.
- The patient making the attempt to grasp onto the rescue tube after the 5 m line (judged at the top of the patient's head).
- The patient arms/hands breaking the surface, except when gripping the rescue tube.
- Patient touching the finishing edge before the rescuer.
- Rescuer not touching the finish edge.

#### **4. General Notes**

##### **4.1 Confirmation of Closing Dates**

**Entries for this event close at 5pm, Monday 30<sup>th</sup> August 2010.**

**Late entries for this event close at 5pm Wednesday 1<sup>st</sup> September 2010.**

**No entries will be accepted after this date.**

##### **4.2 Scrutineering**

Scrutineering at this competition will be conducted randomly throughout this event by appointed scrutineering officials

##### **4.3 First Aid**

The facility has First Aid and emergency evacuation procedures. First Aid personnel will be on site for the duration of the event.

##### **4.4 Team Manager Declarations**

All team manager declaration must be received at SLSQ no later than 5pm Monday 30<sup>th</sup> August 2010. All clubs must have a Team Manager irrespective of entries

##### **4.5 Food & Beverages**

A cafe is located at the Pool where food and beverages will be available for competitors to purchase for the duration of the competition.

##### **4.6 Drug Policy**

Surf Life Saving Queensland supports the Australian Government, the Australian Sports Commission, the Australian Olympic Committee, and the Australian Sports Anti-Doping Authority (ASADA) in their efforts to eradicate the use of drugs in sport. SLSA has a published anti-doping policy which is consistent with the ILS policy. These policies will be adhered to for this event.

##### **4.7 Marshalling**

As this is a State Championship event SLSQ will be very strict on marshalling. Please make sure either the Team Manager or the athletes is there to marshall pre-event. If you miss marshalling you will not be permitted to enter the race.

#### **5. Entry Conditions**

##### **5.1 Competition Equipment**

SLSQ will supply the Rescue Tubes, Manikins and Lines for the use of competitors during competition. All competitors are required to supply their own fins.

All equipment must comply with the ILS specifications as specified in the ILS Sports Manual section 11.

Competition equipment will be subject to random scrutineering checks during the event.

##### **5.2 Swimwear**

In all swimming events competitors must wear approved competition dress as detailed in Section 2.4.1 of the web version of SLSA's 33<sup>rd</sup> Edition Surf Sports Manual located at:

All competitors in a single club must be wearing the same swimming/competition cap. For example, Surfers Paradise may choose to wear a green swimming cap; all competitors in Surfers Paradise must wear this same colour cap.







<http://www.slsa.com.au/site/content/resource/00000951-docsource.pdf>

The SLSA rules are consistent with the rules contained in Section 3.3 of the 2009 Edition ILS Competition Manual. A web based copy of this Manual is located at:

<http://www.slsa.com.au/site/content/resource/00003177-docsource.pdf>

For ease of reference the following is relevant in respect of swimwear standards:

- Swimwear worn by males shall not extend above the navel or below the knee.
- Swimwear worn by females shall not cover the neck, shoulders or arms nor extend below the knees. Two piece swimsuits that conform to this standard may also be worn.

Male Swimsuits					
Full Length	Long	Long Legs	Knee length	Square Leg	Short
Not Allowed	Not Allowed	Not Allowed	Allowed	Allowed	Allowed
					

Female Swimsuits				
Full Length	Zippered Back	Knee Length, Open Back	Short, Open Back	Two Piece
Not Allowed	Not Allowed	Allowed	Allowed	Allowed
				

The material and construction used in swimwear to be worn in all pool rescue swimming events shall be:

- Only textile woven fabric(s) shall be permitted.
- Non-woven and/or non-permeable (e.g. wetsuit type) materials shall not be permitted.
- The material used shall have a maximum thickness of 0.8mm.
- Other than string ties for the tops of men's swimwear or the bottom of female two piece swimwear no zippers or other fastening systems shall be permitted.
- Swimwear that provides flotation, pain reduction, chemical/medical stimulation or other external stimulation or influence of any type shall be prohibited.
- No outside application on the material shall be permitted. (Note: manufacturer brandings, club names or similar are permitted).

Both male and female competitors may wear "modesty" swimwear made of a textile woven fabric under their swimsuit, provided that no competitive advantage is gained. Further, any modesty swimwear shall be restricted to the short style for men and the two piece style top and/or bottom for women.

### 5.3 Officials & Timekeepers

All Officials will be notified on their appointments. **All clubs competing at the 2010 Queensland Pool Rescue Championships need to provide at least 1 timekeeper and 1 actor for the SERC. The timekeeper and actor do not need to be an accredited official. The more timekeepers you can provide the less time they will have to be on the pool deck.**

## 6. Briefing Times

### Friday 3<sup>rd</sup> September 2010

Team Managers: 5.30pm  
Officials & Actors: 6.00pm

### Saturday 4<sup>th</sup> September 2010

Officials: 6.30am

## 7. Competition Starting Times

### Friday 3<sup>rd</sup> September 2010

SERC Competitors Lock Up: 6.00pm  
First Event: 7.00pm

### Saturday 4<sup>th</sup> September 2010

Competitors Warm Up: 6.30am  
First Event: 7.30am

## **SPECIAL NOTICE TO ALL CLUB SECRETARIES & TEAM MANAGERS**

### **CARNIVAL ENTRIES 2010 POOL RESCUE COMPETITONS**

At various meetings of the State Centre, reports of misbehaviour at surf Carnivals have been noted with grave concern. The Australian Council has resolved that each Team Manager be notified by special notice of his/her obligations and responsibilities to his/her club, and to Surf Life Saving Australia.

It is an express condition of acceptance of Club entries for the 2010 Pool Rescue Competitions that the Club's Team Manager signs the attached form, verifying that he/she has read and will do everything in his/her power to comply with this notice. Each Club is now requested to ensure the following items and conditions are implemented:

1. It is mandatory that ALL competing Club Team Managers attend the Team Managers Briefings
2. The Club Team Managers will have to be fully aware of his/her responsibilities whilst in charge of the team, and that he/she has read and is aware of the "SLSA Membership Protection Policy" and the "SLSQ Codes of Conduct"
3. Each Club traveling to the Competition shall have a Team manager duly appointed by the Club in resolution or action.
4. The Team Manager shall be held responsible to the Club and to the SLSA for the conduct of all his/her team members in traveling to, during, and returning home from the Competition.
5. Any group of two or more members who depart the main body of the team (for purposes of travel or any other reason, shall have a sub-manager appointed by the Team Manager for the duration of their departure.
6. Team Managers shall, at all times, exercise control over their teams and ensure member's conduct and appearance does not have an adverse bearing upon the good name of his/her Club or the Association.
7. Special care is to be exercised at high density congregation points, especially air or bus terminals and during the drip. Air Navigation orders lay down procedures as regards to intoxication, interference to air crews, disorderly or offensive behaviour, and any act that threatens the safety of the air craft. Any person contravening his/her order is guilty of an offence.
8. Before departing your accommodation point – the Team manager shall conduct an inspection of the rooms accompanied by the Manager, and preferably a senior member of the team. It shall be confirmed that no complaints are being made, nor will be made re the team's conduct or conditions of accommodation fixtures.
9. A report shall be furnished to the Club by the Team Manager immediately following the completion of the Championships (within 14 days) and report any misconduct or complaint.
10. Team Managers should be cautious of the exchange of team uniforms during or at the Carnival, as mis-reporting of incidents may occur..
11. A Championship Judiciary Committee will hold itself ready for a meeting in the event of any complaint. Such Committee's shall have the power to also act at the time and shall have jurisdiction over any Lifesaver attending the Competition or associated Carnivals held at that time.
12. Team Managers are to wear shirts that clearly identify the person as the Club Team Manager. Any person who does not have clothing that shows this will not be given access to the competition area.

## **2010 POOL RESCUE COMPETITIONS**

### **ADDITIONAL SPECIAL NOTICE TO ALL CLUB SECRETARIES AND TOURING TEAM MANAGERS**

Whilst the news media has been quick to publicly expose acts of unacceptable behaviour by various sporting groups traveling away from their Clubs, legal action by victims of sexual discrimination and harassment has also been threatened. Under the circumstances, it is hoped that Team Managers will accept the following recommendations in the right vein and ensure that the rights of members and the good name of Surf Life Saving Queensland and its traditions are upheld at all times. It is realized that "mixed teams" are common-place these days and that members tend to "let their hair down" after the Competition. However, this should be done within the bounds of good behaviour and not at the expense of the enjoyment and respect of others. Each Club is requested to ensure that the following actions and conditions are implemented.

#### **1. Before Departure**

- a) Each group of two or more Club members traveling to the Competition shall have a Team Manager duly appointed by the Club by resolution or action.
- b) That Team Managers shall be responsible to the Club and to Surf Life Saving Queensland for the conduct of all of their team members in traveling to, during and returning home from the Competition.
- c) Any group of two or more members who depart the main body of the team for the purposes of travel or for any other reason, shall have a "sub-manager" appointed by the Team Manager for the duration of their departure.
- d) Team Managers shall at all times exercise control over their teams and ensure their conduct and appearance does not have an adverse bearing upon the good name of their Club or Surf Life Saving Queensland
- e) Members who wish to depart the main body and remain in an area or proceed with independent travel arrangements, at the conclusion of the carnival, should give sufficient prior notice to their Club and secure the Club and Team Manager's permission. Clubs are urged to have a policy attitude towards such breaking up of teams at the conclusion of the carnival. In the case of members under the age of 18 years, Clubs should secure a clear indication of approval of such actions from parents or guardians.

#### **2. Travel**

- a) Special care should be taken at high density congregation points especially air terminals and during flight trips. Airlines have received instructions regarding the permissible conduct of groups as laid down by the Australian Government Department of Transport. Extract of such instruction states:  
"Air Navigation Orders" state in part  
247 (1) A person shall not, while in a state of intoxication, enter any aircraft; and  
312 (2) A person shall not while in the aircraft
  - i) interfere with a crew member;
  - ii) behave in a disorderly or offensive manner;
  - iii) do any act that threatens the safety of the aircraft.

Note: A person who contravenes or fails to comply with these Regulations or who attempts to commit an offence against these Regulations is guilty of an offence.
- b) Before departing your accommodation point, the Team Manager and another senior member of the team should conduct an inspection of the rooms accompanied by the Hotel/Motel Manager. It should be confirmed that no complaints are being made, nor will be made (re the team's conduct or condition of the accommodation fixtures).

#### **3. Sexual Harassment**

It is difficult to make an exhaustive list of the forms that sexual harassment can take, however, the conduct must be sexual, unwelcome and uninvited. This includes: unwanted physical contact; verbal comments or abuse and/or offensive gestures and depending upon the circumstances, be considered unlawful. Allegations of sexual harassment can arouse strong emotions and if a claim is found to be true, serious consequences can follow.

- a) Team Managers should make it clear to all members that sexual harassment will not be tolerated under any circumstances.
- b) Complaints must be treated seriously and sympathetically
- c) Investigation of complaints must be strictly confidential and impartial
- d) Investigations should be made promptly after complaints are lodged
- e) All parties involved should be interviewed separately to obtain an accurate detail of the incident
- f) Where a complaint is substantiated, appropriate conciliatory or disciplinary action should be taken
- g) Following this decision, later checks should be made to ensure that the behaviour has stopped and the complainant is not being victimized as a result of the complaint.

#### **4. General**

- a) Clubs are requested to ensure that their Team Manager's report is speedily received after the Competition and any report of misconduct is appropriately and immediately dealt with.
- b) Extreme caution is suggested in the subject of exchanging of club's identified garments and, in fact, clubs are urged to instruct their members of a policy in this subject. Many incidents have been recorded of misconduct being attributed to a particular club whereas it has been other person wearing their garments.
- c) It should be noted that a Judiciary Committee will be formed and will be ready for an urgent meeting in the event of any complaint. Such Committee will have the power to also act at that time and shall have jurisdiction over any lifesaver attending the Competition.
- d) Clubs are urged to ensure that clear policies are in place in respect to touring with members under the age of 18 years and that appropriate arrangements are made with parents/guardians prior to departure and that appropriate supervision is in place at all times.

**DECLARATION – PLEASE READ CAREFULLY AND COMPLETE ALL DETAILS  
2010 POOL RESCUE COMPETITIONS**

From: .....(Club)

1. I am aware that it is mandatory for each Club Team Manager to attend all relevant Team Managers' briefings with respect to the Competition.
2. The Club Team Managers will have to be fully aware of his/her responsibilities whilst in charge of the Team, and that he/she has read and is aware of the "SLSA Membership Protection Policy" and the "SLSQ Code of Conduct for Members".
3. I certify that I have read the special Notice to Team Managers and the Special Notice regarding Team Travel and am fully aware of my responsibilities to my Club, Branch and SLSQ.
4. I also certify that all members listed on the carnival entry form have correctly completed and signed the Association Membership Form.
5. The team will be traveling to the competition by train/road/airline (cross out which is not applicable), and will be quartered at the (insert name and address of hotel/motel or camping ground, below)

.....  
..... Phone Number: .....

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**Team Managers Details**

Name: .....

Address: .....

.....

Email address: .....

Contact No: (H) ..... (Mobile) .....

Blue Card Number: ..... Expiry Date: .....

.....  
(Team Managers Signature)

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**PLEASE NOTE THAT THIS DECLARATION MUST BE SIGNED  
BY TWO (2) CLUB EXECUTIVE OFFICERS (IE PRESIDENT, SECRETARY)**

Name: ..... Position: .....

Signature: .....

Name: ..... Position:.....

Signature: .....

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**IF THIS FORM IS NOT RECEIVED, ENTRIES WILL NOT BE ACCEPTED.  
THIS FORM IS TO BE SENT TO [rbennett@lifesaving.com.au](mailto:rbennett@lifesaving.com.au) OR FAX 3846 8008**